

ALS Recertification CE Worksheet

Virginia Office of EMS
 Division of Educational Development
 1041 Technology Park Drive
 Glen Allen, VA 23059

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Certified/Recertified Prior to October 1, 2016 (2012 NCCP)

National Continued Competency Requirements (NCCR) Cat. 1	Area #	Hours Required			Hours you have now	Hours Still Required
		C AEMT	I I-99	E Paramedic		
Airway, Oxygenation and Ventilation	16	5	3	4		
Cardiovascular	17	7	10	10		
Trauma	18	4	3	4		
Medical	19	7	7	7		
Operations	20	2	5	5		
Total Category 1 (NCCR) Hours		25	28	30		
Category 2 Hours	(Local continued competency Requirements (LCCR) (Individual continued Competency Requirements (ICCR)					
Total Category 2 (LCCR/ICCR) Hours		25	27	30		
Total Hours		50	55	60		

Certified/Recertified On or After October 1, 2016 (2016 NCCP)

National Continued Competency Requirements (NCCR) Cat. 1	Area #	Hours Required			Hours you have now	Hours Still Required
		C AEMT	I I-99	E Paramedic		
Airway, Oxygenation and Ventilation	16	2.5	3.5	3.5		
Cardiovascular	17	7	7.5	8.5		
Trauma	18	3	3	3		
Medical	19	7.5	7.5	8.5		
Operations	20	5	6.5	6.5		
Total Category 1 (NCCR) Hours		25	28	30		
Category 2 Hours	(Local continued competency Requirements (LCCR) (Individual continued Competency Requirements (ICCR)					
Total Category 2 (LCCR/ICCR) Hours		25	27	30		
Total Hours		50	55	60		