

EMT Specific Recertification Requirements

Virginia Office of EMS
Division of Educational Development
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Area #	Required Topics (Category 1) National Continued Competency Requirements (NCCR)			Hours Required	Hours Required
	2012	2012-2016	2016	2012	2016
11	Airway, Respiration & Ventilation				
		Oxygenation		1	0.5
		Ventilation		3	1
		Total Hours		4	1.5
12	Cardiovascular				
		Chest Pain From Cardiovascular Disease		1	
		Ventricular Assist Devices (VADs)		0.5	0.5
		Adult Cardiac Arrest			2
		Post-Resuscitation Care		0.5	0.5
		Stroke		1	1
		Pediatric Cardiac Rate Disturbance		1	
		Pediatric Cardiac Arrest		2	2
		Total Hours		6	6
13	Trauma				
		Central Nervous System (CNS) Injury		0.5	0.5
		Tourniquets		0.5	
		Hemorrhage Control			0.5
		Field Triage***		1	
		Trauma Triage			0.5
		Total Hours		2	1.5
14	Medical				
		Communicable Diseases		0.5	
		Endocrine Emergencies – Diabetes		1	1
		Immunological Diseases		1	0.5
		Psychiatric (and Behavioral) Emergencies		1.5	0.5
		OB Emergencies		1	0.5
		Special Healthcare Needs		1	1.5
		Infectious Disease			0.5
		Neurological Emergencies – Seizures			0.5
		Pain Management			0.5
		Toxicological Emergencies – Opioids			0.5
		Total Hours		6	6
15	Operations				
		At-Risk Populations		0.5	0.5
		Pediatric Transport		0.5	0.5
		Affective Characteristics		0.5	
		Role of Research (EMS Research)		0.5	0.5
		Ambulance Safety			0.5
		Field Triage			0.5
		EMS Provider Hygiene, Safety & Vaccinations			0.5
		EMS Culture of Safety			0.5
		Crew Resource Management			1
		Evidence Based Guidelines			0.5
		Total Hours		2	5
	TOTAL CATEGORY 1 (NCCR)HOURS			20	20
	TOTAL CATEGORY 2 (LCCR/ICCR)HOURS			20	20
	Total NCCR Hours Required to Teach 2016 & 2012 Specific Topic Content			29	
	Total NCCR Hours Required to Teach 2016 & 2012 Broad Content			23	